



Exploring Wild Himalayan Rivers

2026 SPRING DEPARTURE DATES

The beautiful Himalayan ranges shape an incredible variety of whitewater challenges for paddlers and thus, a series of the world's most outstanding river journeys are found here. Listed below are some that we run on a regular basis. If these dates don't fit in, design a journey of your own and contact us for expert support and precise data. A professional approach and whitewater expertise are what sets Ultimate Descents Nepal's guides and staff in a category of their own. 'Ultimate Descents Nepal' is the only company to have all guides that meet the highest safety standards with required certificates in SRT, Wilderness First Aid, AR and CPR.

Don't be deceived, on Nepal's rivers it is actually a lot warmer than KTM due to sunshine of lower elevation, so enjoy the splash.

100% ADRENALINE RUSH: BHOTE KOSHI /CANYONING 2 DAYS CLASS III – IV US\$ 150

Note: Cost of Day Rafting US\$ 70
Cost of Canyoning is US\$ 80

This is Nepal's steepest action packed rafting trip. If you have limited time or just the desire for an adrenaline overload, this is the river for you. Our put- in point is at the Borderlands Resort, conveniently located at the highest possible raft launch on the river and is the base for activities such as Canyoning, Trekking, Climbing and Mountain Biking all around the Tibetan border. The resort has spacious safari tents, toilets and a massive dining hall with a well-stocked bar. The Resort provides all the indulges of home in a very exotic setting. A perfect complement to your trip can be an extended stay at our Resort which is also the pioneer of Canyoning in Nepal.

Escape from Kathmandu with a trip to Borderlands Resort ~ Every Day Departure!!

During the spring, we offer the lower section below the dam which is always exciting.

UPPER SUNKOSHI/BALEPHI 2 Days CLASS IV-V US \$150

The warm waters of Sunkoshi surge for 270 km between the roads. The river has whipped foamy water where narrow canyons constrict the river flow and the cataracts are long and powerful. There are dozens of adrenaline pumping rapids and miles of calmer water to reflect on this beautiful area.

Everyday Departure: Mid Aug to Dec

With the support and guidance of our internationally certified instructors, we can make your introduction to kayaking enjoyable and positive. The thrill and gratification of learning to Kayak in the Himalayas is a great start to Kayaking.

TRISHULI KAYAK CLINIC EVERYDAY DEPARTURE 4 Days CLASS II-III US\$ 320

All year Long..!
Mar - June

Monsoon:
July-Aug

TRISHULI EVERY DAY DEPARTURE 1 Day/2 Days CLASS III-IV US\$ 70/150

Conveniently located along the Prithivi Highway, 100 km from Kathmandu and within close proximity to the Manakamana Cable Car station, our Trishuli beach camp provides tented accommodation on twin sharing basis with the modern day comfort of deluxe camping.

THE RIVER OF GOLD: SUNKOSHI 9 DAYS CLASS III-IV (+) US\$ 810

The warm waters of Sunkoshi surge for 270kms between the roads. The river has whipped foamy water where narrow canyons constrict the river flow and the cataracts are long and powerful. There are dozens of adrenaline pumping rapids and miles of calmer water to reflect on this beautiful area.

29 Mar – 03 Apr	02 Apr – 07 Apr	12 April – 17 April	19 April – 24 April	26 April – 01 May	02 May – 07 May
10 May – 15 May	17 May – 22 May	24 May – 29 May	31 May – 05 June	07 June – 12 June	14 June – 19 June

MEMBER NETWORK



Nepal River Conservation Trust (www.nepalrivers.org.np) hosts the annual river festival in the month of February & March (27th Feb - 1st Mar). A festival of its own kind, it is a 3-day fun Rafting and Kayaking event. The main reason behind organizing this festival is to raise fund to save Nepal's fragile river ecology and generate awareness among the people. All the profit made from this festival goes to Nepal River Conservation Trust

THE WESTERN BLEND: KARNALI

10 DAYS CLASS III-V (-) US\$ 1055

The Karnali, Nepal's mightiest river, descends through the Himalayas in a series of magnificent gorges. Seasonal snow melts and storms can cause the river level to swell drastically, creating the extremes of whitewater rafting. Expect exceptionally big volume rafting through jungles inhabited by nomads traditionally known as the 'Routes', deserted beaches and small villages.

12 Mar – 21 Mar

03 Apr - 12 Apr

15Apr – 24 Apr

05 May – 14 May

KAYAK CLINICS: TRISHULI/SUNKOSHI

4 DAYS CLASS II-III US\$ 320

Note: Cost of 2 days Kayak Clinic is USD \$150

Learn to kayak with the pros! Ultimate Descents Nepal runs a series of kayak clinics each season. These introductory courses are designed for those with little or no previous kayaking experience. Throughout the 4 day clinic you will learn all the basic skills of kayaking including paddle stroke, Eskimo rolls, Skimo rescue and the art of reading whitewater. While the priority is on safety, we don't forget the joy of a more intimate relationship with the magical Himalayan whitewater.

Everyday Departure: Mid Feb – June

SETI RIVER: FAMILY TRIP

EVERY SATURDAY

2 DAYS (POKHARA Extra) CLASS II-III US\$ 150

It is truly a great fun trip perfectly designed for you to get along with your near and dear ones on the raft. The floating crystal blue water gives you ample opportunity to swim on the flat water. At the same time, you will be accompanied by learner kayakers and instructors which makes the trip sensational.

07 Mar - 08 Mar

04 Apr - 05 Apr

02 May - 03 May

30 May - 01 June

14 Mar - 15 Mar

11 Apr - 12 Apr

09 May - 10 May

06 June - 07 June

21 Mar - 22 Mar

18 Apr - 19 Apr

16 May - 17 May

13 June - 14 June

28 Mar - 29 Mar

25 Apr - 26 Apr

23 May - 24 May

20 June - 21 June

This newly opened river in the eastern part of Nepal is an excellent combination of one of the best short Himalayan treks, amazing mountain views of the eastern Himalayan ranges including Mt. Kanchanjunga and Mt. Makalu and exhilarating river expedition.

JEWEL OF THE EAST: TAMUR

12 DAYS CLASS III-V (-) US\$ 1200

28 Mar – 08 Apr

12 Apr – 23 Apr

27 Apr – 08 May

12 May – 23 May

THE RAGING RIVER: MARSHYANGDI

EVERY THURSDAY

2 DAYS CLASS IV-V US\$ 170

Marshyangdi is called the 'Raging River' in the local dialect and this aptly describes one of the best whitewater runs in the world. Children play excitedly as we pass, snow-capped Himalayan giants surround us and the champagne river churns and bubbles below. Few rivers rival Marshyangdi in terms of exhilarating whitewater and sustained sections of steep technical rafting test your teamwork.

26 Mar - 27 Mar

16 Apr - 17 Apr

07 May - 08 May

28 May - 29 May

02 Apr - 03 Apr

23 Apr - 24 Apr

14 May - 15 May

04 June - 05 June

09 Apr - 10 Apr

30 Apr - 01 May

21 May - 22 May

11 June - 12 June Note: flexible departures available on any dates

THE HOLY RIVER: KALI GANDAKI

EVERY Monday & FRIDAY

3 DAYS (POKHARA Xtra) CLASS III-IV US\$ 220

Turbulent rapids intertwine with abrupt drops as we dodge our way down intricate chutes of sparkling water. Village terraces cling precariously to the slopes and surreal snow-capped peaks hang suspended above us as we drift through the world's deepest gorge. Being one of the holiest rivers in Nepal, every junction of the Kali Gandaki is dotted with cremation sites and above ground burial mounds.

23 Mar - 25 Mar

10 Apr - 12 Apr

27 Apr - 29 Apr

15 May - 17 May

05 June - 07 June

27 Mar - 29 Mar

13 Apr - 15 Apr

01 May - 03 May

18 May - 20 May

30 Mar - 01 Apr

17 Apr - 19 Apr

04 May - 06 May

22 May - 24 May

03 Apr - 05 Apr

20 Apr - 22 Apr

08 May - 10 May

25 May - 26 May

Note: flexible departures available on any dates

06 Apr - 07 Apr

24 Apr - 26 Apr

11 May - 13 May

29 May - 01 June

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